



The  
University  
Of  
Sheffield.

**ESRC Seminar Series**

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**Juice.**



## Staff health and wellbeing?

To reduce sickness absence.

To improve attendance.

To drive up productivity.

To manage incidents and accidents.

Stress management.

Corporate / business drivers.

Aggregated data owned by the employer.

Drives management actions.

A "do no harm" approach.



**We adopted a different approach...**

**Health and wellbeing is personal.**

**Needs of the individual, not of the business.**

**Emotional engagement enables healthy lifestyle choices.**



## What is Juice?

**A one-stop-shop for all health and wellbeing services.**


**Single pathway and identity.**

**Platform, activities, and advice.**

**Bias for action.**

**Nomenclature.**

**Holistic approach.**



**How do we measure success?**

**Staff engagement.**

**Individual awareness.**

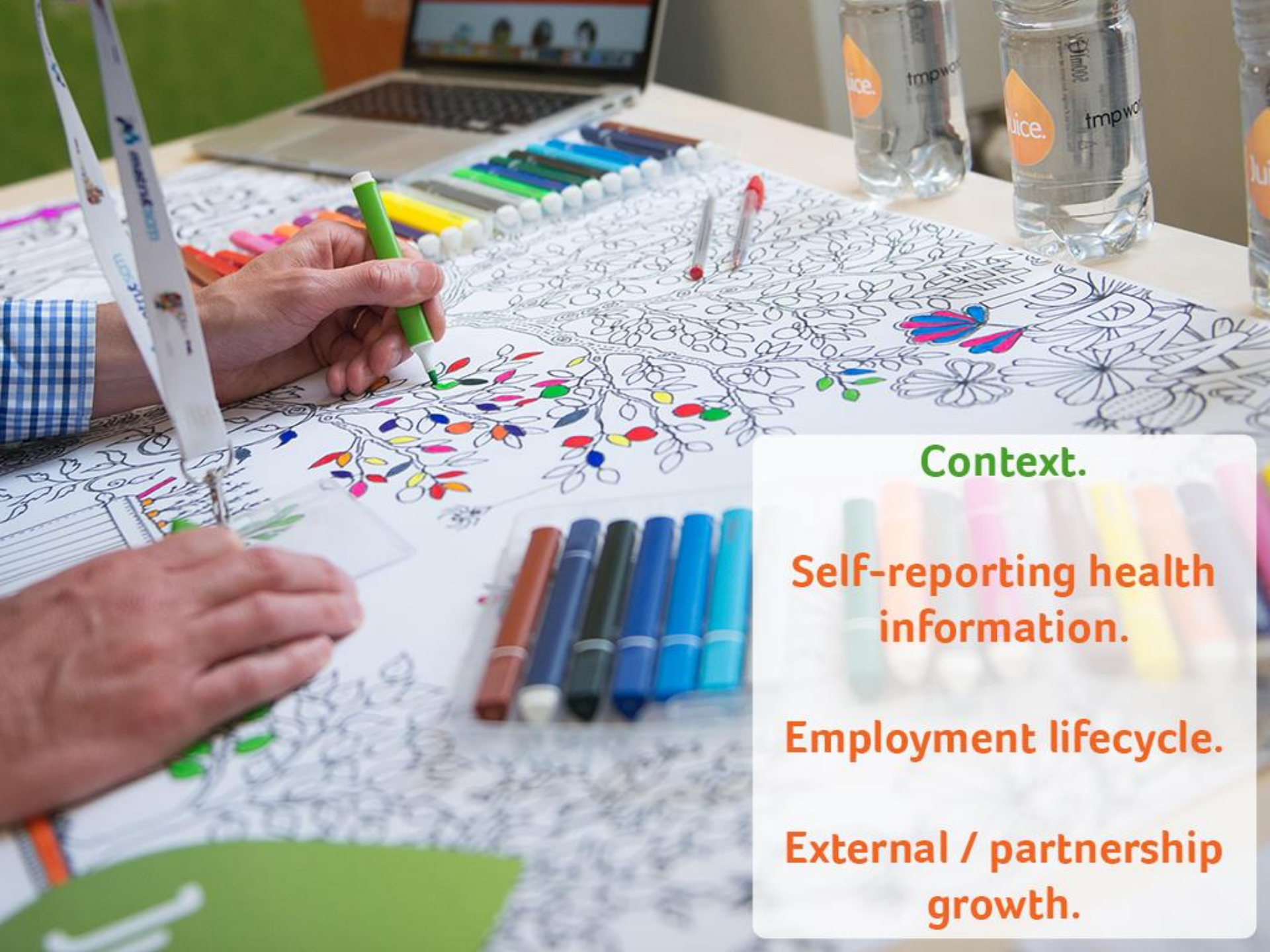
**Activity participation.**

**Showcasing individual talents.**

**Water cooler growth.**

**Direct user feedback.**

**Social media and Platform.**

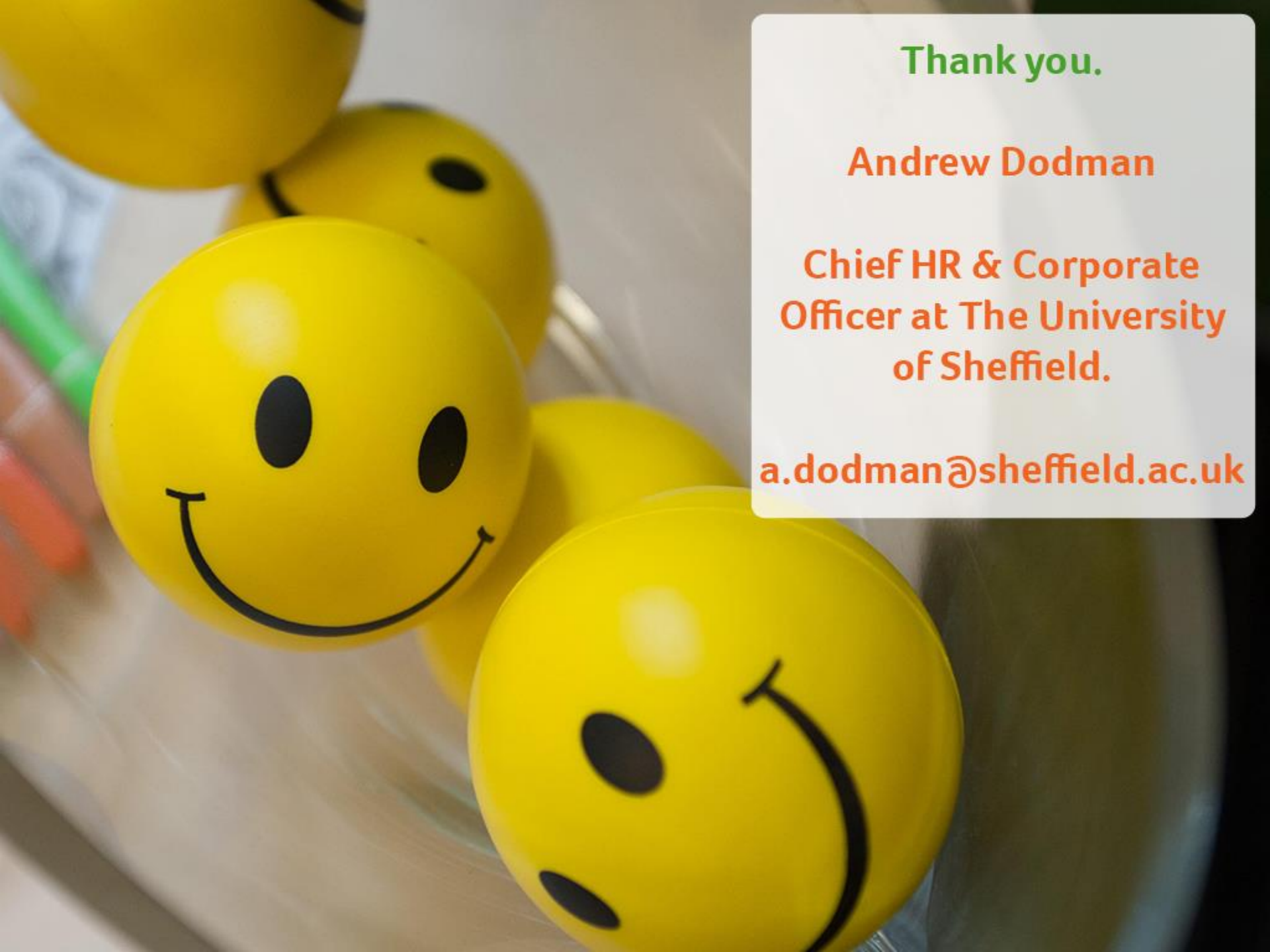


## Context.

Self-reporting health information.

Employment lifecycle.

External / partnership growth.



**Thank you.**

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